

# PATIENT AND FAMILY ADVISORY COUNCIL

Cuthbert Lab & Oncology Outcomes

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## WELCOME

It has been a busy and successful grant season for our team. Led by Dr. Darren Brenner, we have been awarded a Canadian Cancer Society / Canadian Institutes for Health Research grant for the project "The Colorectal Cancer Chemoprevention Acceleration and iMprovement Platform (CRC-CHAMP).

The overall goal of this project is to develop and test a platform for large-scale chemoprevention trials and real-world chemoprevention studies for colorectal cancer (CRC). To accomplish this, we will identify the barriers and facilitators to uptake and adherence of taking a daily chemoprevention agent. Overall, this work could result in reduced incidence and mortality of CRC in Canada as well as reduced healthcare expenditure.

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# Study Recruitment

Ongoing Recruitment

We continue to actively recruit participants for several studies right now, including:

- Healthcare Provider and Patient Views on Prescribing Opioids for Cancer Patients
- Patients Perspectives of Value Frameworks Used to Guide Oncology Treatment Decisions

If you think the studies might be relevant to your contacts, please feel free to share the website links.

Details of each study can be found at:  
<https://www.cuthbertlab.com/news>



## 02 Updates

Optimizing the Treatment Approach of Older Cancer Patients



Dr. Winson Cheung and Dr. Colleen Cuthbert were successfully awarded a CIHR grant focusing on cancer care in older adults. To our knowledge, this will be the first study to use mixed methods to comprehensively examine physician factors and how they interact with patient and disease factors in driving undertreatment of older cancer patients.

We anticipate that insights from this work will better inform the development and evaluation of specific strategies (e.g., new clinical guidelines, modified care pathways, and practical decision tools) aimed at reducing age-related treatment biases.

Considering the expected increase in the number of older cancer patients, this work is timely and necessary to equip physicians with the tools needed to facilitate their care of the growing geriatric oncology population.

## Cuthbert Lab Updates

Patient Reported Outcomes Data

We are in the process of acquiring new patient reported outcome data focusing on patient reported outcomes collected in cancer care clinics across the province. We have noted the feedback from previous discussions surrounding the utility of the "Putting Patients First" form and will be using that insight to develop new projects to examine the patient reported outcomes data. This data will be linked to treatment and clinical outcomes data in order to provide an accurate big picture of how the patient experience corresponds to clinical data.

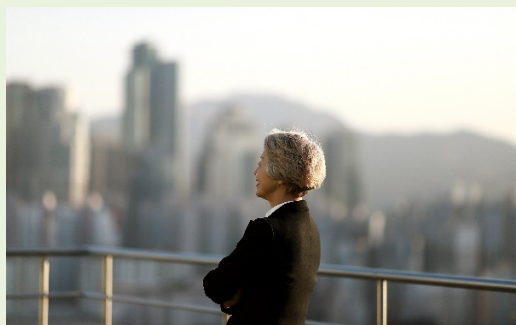
# Member Spotlight

Learn more about council member Michael Cullen



- I don't have spare time I just have time 😊 With my time I love to ride my bike on any trails/paths I can get to. I like to flatwater kayak, and I love the outdoors. I've hiked the West Coast Trail twice, most recently in September 2021. I also like hiking and climbing, and I have climbed Mount Temple in Banff NP and then in 2016 I climbed the highest peak in the lower 48, Mount Whitney via the mountaineers' route.
- I have so many favourite places I have traveled, and I'm hooked on Mexico for multiple reasons; the people being the main reason. But my favourite place I have been is New York City. It's vibrant and enticing. Great food, theatre, sports, places to see, and people to watch. If I won the lottery, I would move to NYC for a 6 month period. Miami is a close second to NYC.
- I love to cook. I'm hooked on baking/cooking shows and want to then try it in my kitchen. I make a great chicken breast stuffed with green olives, artichoke, sundried tomato, spinach, and cream cheese. I then cover that with a yogurt (Greek) and a hot sauce mixture then coat it in parmesan. But my favourite comfort food is meatloaf...thanks mom.

## Coming Up



Our next PFAC meeting will be March 31, 2022

The next newsletter will release in April 2022

Previous issues of the PFAC newsletter have been posted online: <https://www.cuthbertlab.com/advisory-council>

If you would like to include or update your contact information on the attached public directory, please email Christie