

PATIENT AND FAMILY ADVISORY COUNCIL

Cuthbert Lab & Oncology Outcomes



WELCOME

As we begin the month of August, we have several summer students who are beginning to wrap up their summer projects as they prepare for the next academic year. Our core team has been busy writing and preparing for the September grant season.

We are hoping to obtain feedback on the graphical abstract included with this email. This will help us to ensure it makes sense to cancer patients who may be looking for more information:

- Is the flow of the graphic easy to follow?
- Does it convey the message that was outlined in the plain language summary?
- Is there anything we can do to make it easier to understand?

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Canadian Cancer Society (CCS) Statistics Dashboard

The CCS Statistics Dashboard is currently being developed through a collaborative effort between the Canadian Cancer Society. The Cancer Statistics Dashboard will offer a current summary of key cancer surveillance indicators in Canada. It includes detailed visualizations of incidence and mortality, among other measures for selected types of cancer. Our overarching goal is to provide comprehensive, yearly estimates of cancer's impact on Canadians using a user-friendly interactive tool that allows multiple stakeholders to take advantage of the rich data collected in the Canadian Cancer Registries. It provides current-year projected estimates of cancer incidence, mortality counts, and rates by cancer type, sex, age group, and geography.

The information displayed on the dashboard will be utilized by multiple stakeholders, including patients, researchers and clinicians to further understand epidemiological trends in cancer incidence and mortality. The findings from the dashboard will be paramount to comprehending the burden of cancer on the Canadian healthcare system and implementing evidence-based cancer-related control measures.



Study Recruitment

Ongoing recruitment for studies



We continue to actively recruit participants for several studies right now, including:

- Healthcare Provider and Patient Views on Prescribing Opioids for Cancer Patients
[Poster Link to Share](#)
- Patients Perspectives of Value Frameworks Used to Guide Oncology Treatment Decisions
[Poster Link to Share](#)

If you think the studies might be relevant to your contacts, please feel free to share the website or poster links.

Additional details of each study can be found on our website:

<https://www.cuthbertlab.com/news>

Cuthbert Lab Updates



Our team is currently developing a grant proposal aimed at the use of tai chi for colorectal cancer survivors. Despite colorectal cancer being the third most commonly diagnosed cancer in Canada, there are few interventions to aid in management of long-term effects, including bowel dysfunction, in this group.

The aim of the colorectal cancer tai chi study is to investigate the efficacy of a virtual tai chi program as a supportive care (i.e. rehabilitation) strategy for colorectal cancer survivors with long-term (\geq 6 months post treatment) bowel dysfunction.

Member Spotlight

Learn more about council member Darren Brenner.

In my spare time I love walks with my dog, fly fishing and golf.

My favourite place I have ever travelled is Sardinia.

My favourite book of all time is "The Sun also Rises".

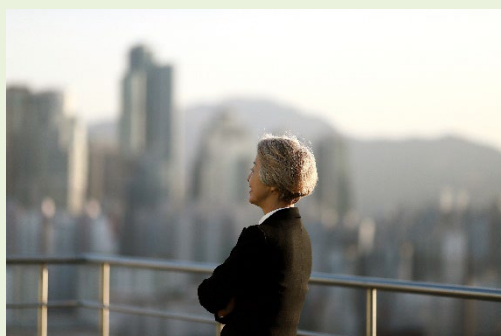
My dream holiday is Patagonia.

I love to cook anything on the grill.

My favourite comfort food is Chicken Wings.



Coming Up



Our next PFAC meeting will be in October 2022.

The next newsletter will release in September 2022.

Previous issues of the PFAC newsletter have been posted online: <https://www.cuthbertlab.com/advisory-council>

If you would like to include or update your contact information on the attached public directory, please email Christie.



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