## PATIENT AND FAMILY ADVISORY COUNCIL

Cuthbert Lab & Oncology Outcomes



#### **WELCOME**

By Christie Rogers

Thank you to our PFAC members for a productive and meaningful meeting earlier this month. The opportunity for us to learn from you is a huge asset to our research programs. Based on the insightful conversations, our teams are exploring a new project idea to study the usefulness of the patient reported outcomes collected at clinic visits. Our teams also plan to bring together several other PFAC cancer groups across the province to share lessons learned about maximizing benefit for patients, family members and researchers.

In addition, we have noted several project specific points that were brought up in the meeting and are working to incorporate this feedback into several ongoing projects.

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#### **Study Recruitment**

Recruitment methods and best practices

The following key takeaways about study recruitment were highlighted in the last PFAC meeting:

- 1. Timing of when to approach to patients
- 2. Importance of diversity and inclusion
- 3. Engaging with caregivers is also important
- 4. Methods of Recruitment: some methods are better than others



#### **02 Updates**

A reAl-World evidence study using Alberta population-based data to describe treatment patterns for metastatic castRation sENsitivE proState cancer patientS (AWARENESS)



This is a descriptive study using secondary data from administrative databases to understand the treatment characteristics, treatment patterns, and prognosis of metastatic castration resistant prostate cancer patients in a contemporary real-world population in Alberta.

Findings from the study may provide insights into the treatment patterns of prostate cancer and can be potentially used to inform the development of improved care pathways that may benefit the general cancer patient population.

This study has been approved by the Health Research Ethics Board of Alberta (HREBA.CC-22-0013).

# Cuthbert Lab Updates

Recruitment Assistance Requested We are actively recruiting patients and caregivers for several studies right now, including:

- Healthcare Provider and Patient Views on Prescribing Opioids for Cancer Patients
- Patients Perspectives of Value Frameworks Used to Guide Oncology Treatment Decisions

If you think the studies might be relevant to your contacts, please feel free to share the website links. Details of each study can be found at: <a href="https://www.cuthbertlab.com/news">https://www.cuthbertlab.com/news</a>

#### **Member Spotlight**

Learn more about council member Theresa Wright

- Before my cancer diagnosis I used to be a bikini competitor, I was 3<sup>rd</sup> in Canada in my age and height group (40+ and Class B)
- I love to cook, I come from an Italian family so cooking is a passion
- If I could have any superpower, it would be the power to heal



### **Coming Up**



The next newsletter will release in February 2022

Previous issues of the PFAC newsletter have been posted online: <a href="https://www.cuthbertlab.com/advisory-council">https://www.cuthbertlab.com/advisory-council</a>

If you would like to include or update your contact information on the attached public directory, please email Christie

Please email Christie with any other comments/feedback



