

# PATIENT AND FAMILY ADVISORY COUNCIL

Cuthbert Lab & Oncology Outcomes

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## WELCOME

By Christie Rogers

Welcome to the first issue of the Cuthbert Lab and Oncology Outcomes Patient and Family Advisory Council (PFAC) newsletter. This newsletter will be distributed monthly to update council members on lab and research activities between quarterly council meetings. We hope you will find it both useful and informative.

We are always open to suggestions on how we can improve the PFAC and maintain engagement of our members. If you have any comments or suggestions, please email [Christie.Farrer@ucalgary.ca](mailto:Christie.Farrer@ucalgary.ca)

Our next issue will release November 2021 with the next meeting being held January 2022. Our sincere gratitude to each of you.

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# For your consideration

Seeking personal experience and insights

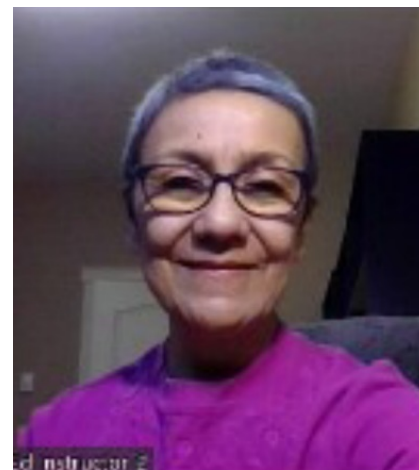
1. We are looking for examples of materials where you were presented with data or information in a way that made sense, or in a way that made things more confusing. Our goal is to learn how data and information should be presented to patients and families to improve understanding and retention. Please email any examples (good or bad) that stand out to you from your personal experience.
2. We often need to recruit patients to participate in focus groups or interviews for our research studies. In your experience, what is the best way for researchers to reach patients? If you are interested in participating in research, where would you look? How do you want to be approached? What has (or hasn't) made you want to participate in research studies?

Please email all feedback to Christie.



# Member spotlight

Meet a fellow council member



This month we are highlighting PFAC member Sara Chavez. Here are 3 fun facts about Sara:

1. My mother tongue is Spanish, and I studied English and French just to come to Canada to experience long and cold winters.
2. I like to walk around lakes, rain, shine... or snow.
3. Having no family or relatives in Canada, my angels (a.k.a. "friends") were, and still are, a tremendous support during my cancer episodes. Love heals.

## Terms of Reference

Highlights of relevant changes from initial meeting

We will record future PFAC meetings for internal use.

Members are ok with their headshots and any group photos being shared for media purposes.

Monthly newsletters will be used to streamline communications.