

CUTHBERT LAB

NAVIGATING TOWARD HEALTH AND WELLNESS



Jason Xie, BSc, recently completed his undergraduate education in the Biological Sciences program at the University of Calgary and is now pursuing his thesis-based Master's degree in Community Health Sciences.

His project will explore mental health risk factors for adolescent and young adult cancer survivor populations in rural and remote settings, as well as the development and efficacy of peer support groups as an intervention for social isolation in these groups.

Jason has previously worked on reviews and formal data analysis in biomechanics, neuroscience, and health informatics, and has participated in research for individuals with adaptive needs. He is eager to grow his skills in the Cuthbert Lab and find strategies to improve health outcomes for cancer survivors. Outside of academics, Jason works as a program leader for equity-deserving children and youth at the City of Calgary. During his free time, he enjoys staying active through cycling, swimming, and hiking in the Rockies.