

# CUTHBERT LAB

NAVIGATING TOWARD HEALTH AND WELLNESS



Dr. Colleen Cuthbert, PhD, NP, is an assistant professor in the Faculty of Nursing at the University of Calgary and an adjunct assistant professor in the Cumming School of Medicine, Department of Oncology. She holds a Tier II Canada Research Chair in patient and family centered cancer survivorship.

Dr. Cuthbert is a clinician scientist with clinical practice experience as a nurse practitioner in oncology. Her clinical practice largely focused on follow-up care and symptom management with a keen interest in survivorship issues.

As a health services researcher, Dr. Cuthbert is focused on evaluating biopsychosocial health needs and health outcomes of cancer survivors. Using multiple research methods (quantitative and qualitative), her program of research includes patient-oriented research approaches, integrated knowledge translation strategies, qualitative research, and the use of administrative health data sets. Dr. Cuthbert's goal is to ultimately improve health and well-being in cancer survivors and their families by developing innovative approaches to survivorship care.